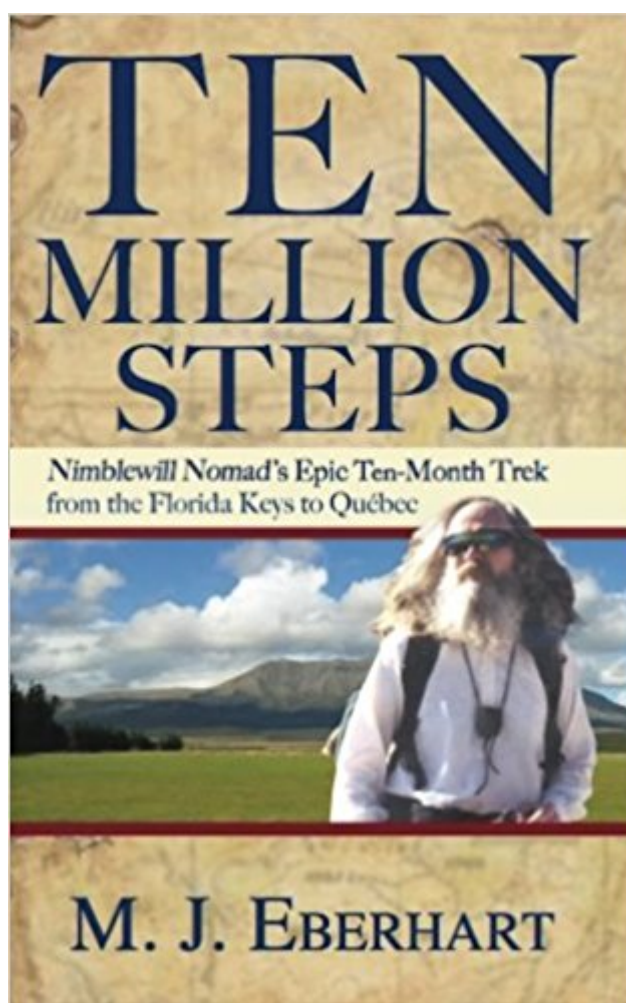


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# Ten Million Steps: Nimblewill Nomad's Epic 10-Month Trek From The Florida Keys To QuÃ©bec (None)



## Synopsis

M. J. Eberhart, aka the Nimblewill Nomad, was a 60-year-old retired doctor in January 1998 when he set off on a foot journey that carried him 4,400 miles (twice the length of the Appalachian Trail) from the Florida Keys to the far north of Quebec. Written in a vivid journal style, the author unabashedly recounts the good (friendships with other hikers he met), the bad (sore legs, cutting winds and rain), and the godawful (those dispiriting doubts) aspects of his days of walking along what has since become known as the Eastern Continental Trail (ECT). An amazing tale of self-discovery and insight into the magic that reverberates from intense physical exertion and a high goal, Eberhart's is the only written account of a thru-hike along the ECT. Covering 16 states and 2 Canadian provinces, *Ten Million Steps* deftly mixes practical considerations of an almost unimaginable undertaking with the author's trademark humor and philosophical musings.

## Book Information

Series: None

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## Customer Reviews

I have a whole bookcase filled with hiking books. Most of them are about the Appalachian Trail as I am a thru hiker myself. This book is really a terrific read and certainly spells out the reality of life on the trail. I have to be honest, as I read about "Nomads'" first couple of days on the trail in Florida I was amazed at the perseverance of this man. Quite frankly, I would have quit when I found myself in the dark up to my waste in swamp water - water containing who knows what critters! He also took time during his hike to stop and meet people. Rarely did he give anyone the impression that he just had to get going and didn't have time to talk. I'd like to have met him in my travels. His age at the

time (59) reminded me of my hiking at that age. I think anyone who would like to share the travails of long distance hiking from their comfortable arm chair will enjoy this book!

I was pleasantly surprised to find a book written by my "old" optometrist about his journey along the trails from Key West to Canada. I never realized or thought about all the obstacles you would meet along the way. It is something I will never do but enjoyed "walking" the trail with him. My hat's off to him for making this journey and all the other journey's he has taken. I can only imagine through his words some of the sites and people he encountered on his journey. Written in a journal format it was easy to read and you can put it down for a few days and pick it up again and read along the way.

I am only partially through this adventure, but I am enthralled. I love this character author. He is well read with handy man type knowledge that works well with illustrating this grand adventure. I love his little bit of historical knowledge of these areas and would love to know more. The hours slip by as I travel with him doing something I would give much to have a chance at doing. Wonderful read.

Almost like a story Santa Claus would write if he were to walk from FL to Canada on the Eastern Continental Trail...jolly, whimsical and upbeat. Restores hope in America... hope in humanity and hope in one's self.

Well written. It draws you in and makes you feel like you're there with him on the trail.

good read . enjoyed the book

Wonderful travel tale of hiking over 5,000 miles from Florida to beyond Maine. Really tells it like it is, and what can go well and what can go very wrong. Brings a whole new meaning up pass your hips in alligators, not to mention setting your camp gear on fire.

Nice, pleasant "journal style" book on hiking the east coast, including the A.T. Well worth adding to your library.

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